

Coming Home Again



Ceola lived in a nursing home for nine months and accepted she would likely spend her last years there.

However, like most Ohioans, she would have preferred to have been at home, living on her own. Her daughter, Sally, knew of her mother's wishes and contacted her Area Agency on Aging to see if Ceola had options other than a nursing home.

The Area Agency staff met with Ceola and Sally and arranged for Ceola to have the care she needed in the setting she preferred, at home. Now thanks to Ceola's care plan, which includes a visit by a home health aide or nurse four times a week for personal care and monitoring of her medications and home delivered meals, Ceola is living the dream she never thought would become reality. She's living independently again.



Learn more

Area Agencies on Aging are the backbone of Ohio's aging network, providing compassionate service to seniors, their caregivers and their families. Their services span the continuum of aging, from programs for healthy and active seniors to providing long-term care consultations to older adults so they can live independently in their own homes.

These consultations are available to ALL older adults, including those living in nursing homes, assisted living residences and at home.



Area Agency on Aging

Buckeye Hills

Area Agency on Aging 8, contact:

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Ohio | Department of Aging

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Can you live at home as you age?



Support to help you live independently

How can you receive the care you need while living at home?

The Ohio Department of Aging's home- and community-based services help older Ohioans receive the services they need to live independently in their homes and communities.

If you are currently staying in a nursing home, these services may be able to help you live on your own again while still receiving the care you need. If there is a waiting list for in-home services, Ohio law provides a way for nursing home residents to leave a facility and receive in-home care without having to wait.



What home- and community-based services are available to help you live on your own?

Services to help you live at home include:

- emergency response system;
- funds to help you return home;
- help with managing your medication;
- home delivered meals;
- housekeeping;
- laundry;
- medical equipment and supplies;
- personal care; and
- transportation.

These services are also available in an assisted living residence, which provides 24-hour nursing care in a more independent setting than a nursing home, with a private room and bathroom.



How can you find out more information?

To learn how you can receive services to help you stay at home or return home, call **Buckeye Hills Area Agency on Aging 8** at **740-373-6400** or **1-800-331-2644 (toll-free)**. Their skilled staff will work with you to establish a care plan that best meets your needs. They will stay in regular contact with you to adjust the plan as needed so that it continues to work for you.

With the right supports and assistance, many nursing home residents CAN leave facilities and live independently again.

